



# Inova WellBaby Programs for Team Members

**Are you a new parent or expecting a baby soon?  
Give yourself the gift of support by registering for Inova's WellBaby program.**

**Programs features:**

- Free online education for a healthier pregnancy and postpartum period
- Program material accessible 24/7 through Inova Well's secure portal
- Free support from a dedicated nurse or lactation consultant
- Access to a nurse specialist via phone or through secure portal messaging
- Available to team members and their spouses or partners

**Inova WellBaby features two programs for team members and their spouses or partners.**

## Inova WellBaby Pregnancy Program

- Sign up any time during pregnancy.
- Six weeks of postpartum support are included.
- Earn rewards for completing program surveys and interacting with your nurse care specialist.

## Inova WellBaby Healthy Latch Program

Sign up starting at 36 weeks if you're participating in Inova WellBaby Pregnancy Program, or sign up independently of the pregnancy program until baby is 6 months old.

Register at [inovawell.org](https://inovawell.org) or scan the QR code.



Inova team members are also eligible for discounts on prenatal childbirth education classes. Go to [inova.org/childbirtheducation](https://inova.org/childbirtheducation) to see a list of class offerings. Type "wellness" in the discount code box, then enter your team member ID and department code at checkout.