

# WHAT SHOULD I EXPECT AT MY EYE EXAM?

Your eyes provide the only unobstructed view of your blood vessels. A WellVision Exam® from your VSP network doctor can help detect signs of chronic conditions like high blood pressure, diabetes, and high cholesterol—along with other eye and health issues.



## HERE ARE A FEW KEY ELEMENTS OF AN EYE EXAM.



### What's that letter chart?

This chart with rows of letters in different sizes is called a Snellen chart. It tests how well your eyes can see at a specific distance.



### Which is clearer?

You'll be asked to view the same letters at different prescription strengths to see which one is the clearest to you. This helps estimate your eyewear prescription.



### Prepare for a few drops to your eyes.

Dilating drops enlarge your pupils so your doctor can look inside and at the back of your eyes. The drops may make your vision temporarily blurry and your eyes sensitive to light.



### Get a closer look.

Using a slit lamp, a biomicroscope, your eye doctor gets a magnified view of the front and inside of your eyes. This is a special microscope and light that lets your doctor see your eyes in 3D.



### Cover the left eye, then the right.

This tests how well your eyes work together. You will cover one eye and look at an object across the room, to determine how your eye moves to see an object.



### See the big picture.

Your doctor might do a retinal screening, where they take pictures of the inside of your eye. These images provide a permanent and historical record of changes in your eye.

**Schedule an appointment with your VSP® network doctor today!  
Visit [vsp.com/eye-doctor](https://vsp.com/eye-doctor) or call 800.877.7195**