

Continuation coverage rates

You may choose to continue your health coverage for 18 months through COBRA. You may only enroll in your current plan and coverage until Annual Enrollment, at which time you may make changes to your coverage.

2023 COBRA Monthly Rates Effective January 1, 2023

Medical Plans	Team Member Only	Team Member + Spouse*	Team Member + Child(ren)	Family
PPO	\$771.76	\$1,697.15	\$1,502.35	\$2,295.98
HSA HDP	\$629.75	\$1,384.85	\$1,225.90	\$1,873.50

Dental Plans	Team Member Only	Team Member + Spouse*	Team Member + Child(ren)	Family
High	\$60.25	\$123.46	\$114.41	\$173.14
DMO	\$13.75	\$27.50	\$30.93	\$44.68

Vision Plans	Team Member Only	Team Member + Spouse*	Team Member + Child(ren)	Family
Vision	\$0.73	\$1.57	\$1.47	\$2.52
Vision Buy-Up	\$7.93	\$17.00	\$15.94	\$27.17
Vision Buy-Up Plus	\$12.63	\$27.10	\$25.41	\$43.32

* Spouse includes domestic partners.