



Inova WellBaby Programs for Team Members

**Are you a new parent or expecting a baby soon?
Give yourself the gift of support by registering for Inova’s WellBaby program.**

Programs features:

- Free online education for a healthier pregnancy and postpartum period
- Program material accessible 24/7 through Inova Well’s secure portal
- Free support from a dedicated nurse or lactation consultant
- Access to a nurse specialist via phone or through secure portal messaging
- Available to team members and their spouses or partners

Inova WellBaby features two programs for team members and their spouses or partners.

Inova WellBaby Pregnancy Program

- Sign up any time during pregnancy.
- Six weeks of postpartum support are included.
- Earn rewards for completing program surveys and interacting with your nurse care specialist.

Inova WellBaby Healthy Latch Program

Sign up starting at 36 weeks if you’re participating in Inova WellBaby Pregnancy Program, or sign up independently of the pregnancy program until baby is 6 months old.

Register at inovawell.org or scan the QR code.



Inova team members are also eligible for discounts on prenatal childbirth education classes. Go to inova.org/childbirtheducation to see a list of class offerings. Type “wellness” in the discount code box, then enter your team member ID and department code at checkout.